

DELAWARE REGIONAL HIGH SCHOOL

ATHLETIC REGISTRATION for 2021-2022

<https://delawarevr-oar.rschooltoday.com/>

IMPORTANT DATES

Season	Medical Forms Submission & rSchool Registration Opens	Deadline for Submission of Medical Forms:	First Day of Sport Season
FALL	5/9/21	7/15/21	Football 8/9/21 All Others 8/16/21
WINTER	8/24/21	10/22/21	11/22/21
SPRING	12/7/21	2/7/22	3/7/22

FOR THE ATHLETIC OFFICE:

- 1. rSchool Registration:** Students must be registered through rSchool for each sport season. The rSchool Registration page can be found under the athletic tab at <https://delawarevr-oar.rschooltoday.com>. Click on the green "Register Now" button. If you already have a parent account click on *Returning User* and login in. If not, click on *SetUp Your Family Account Login*.

Please note: This must be a parent (family) account, NOT a student account.

*Any concerns regarding rSchool registration should be directed via email to kathyloving@dvrhs.k12.nj.us

- 2. Preseason ImPACT Concussion Testing:** Freshmen, juniors and new athletic students must complete ImPACT Concussion testing during sports preseason. The athletic trainer and coach will schedule the testing.

FOR THE HEALTH OFFICE:

Paperwork must be turned in to health office as a complete package, by the deadline date. Missing information will result in a delay in medical clearance for participation.

- 1. Pre-participation Physical Evaluation – History Form & Physical Exam Packet (4 pages):**

A medical examination is required once per year, within **365 days prior** of the first day of sports season.

- **History Form** - completed, signed and dated by parent and athlete; physician must record exam date on line 1.
- ***Athletes with Special Needs Supplemental History Form*** - when applicable; if not applicable, sign, date and write N/A.
- ***Physical Exam Form*** - must be completed in its entirety; verify that nothing is left blank before leaving physician's office.
- ***Clearance Form*** - must be completed in its entirety; physician must stamp, sign and date exam portion and also sign and date the *Completed Cardiac Assessment Professional Development Module*.

** As of the 2015- 2016 school year, any physician that performs a New Jersey Sports Physical is required to complete the *Cardiac Assessment Professional Development Module* BEFORE performing the exam.

>>>> Not sure which medical forms are required for your athlete? <<<<

Please call the Health Office 908-996-2131

Beth Hendershot, RN, CSN ext. 6501

Tracy Stephan, Secretary ext. 6502

- 2. State of NJ DOE Health History Update Questionnaire:**

Signed and dated no more than **90 days prior** to first day of sports season. This form should be provided if the physical exam & history forms meet the above criteria and have been previously submitted to Health Offices.

- 3. Medication Forms:** Required every school year as applicable, i.e. Asthma Inhaler, EpiPen, Medications, etc.

PLEASE NOTIFY THE HEALTH OFFICE IMMEDIATELY IF YOUR CHILD HAS BEEN DIAGNOSED WITH ANY TYPE OF COMMUNICABLE DISEASE.