DELAWARE REGIONAL HIGH SCHOOL
ATHLETIC REGISTRATION
for 2019 - 2020 Opens May 15, 2019
https://delawarevr-oar.rschooltoday.com/

IMPORTANT DATES

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<th>Season</th>
<th>Medical Forms Submission Opens</th>
<th>Deadline for Submission:</th>
<th>First Day of Sport Season</th>
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<td>7/15/19</td>
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<td>WINTER</td>
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FOR THE ATHLETIC OFFICE:

1. rSchool Registration: Students must be registered through rSchool for each sport season. The rSchool Registration page can be found under the athletic tab at https://delawarevr-oar.rschooltoday.com. Click on the green "Register Now" button. If you already have a parent account click on Returning User and login in. If not, click on Set Up Your Family Account Login.

   Please note: This must be a parent (family) account, NOT a student account.

2. Preseason ImPACT Concussion Testing: Freshmen, juniors and new athletic students must complete ImPACT Concussion testing during sports preseason. The athletic trainer and coach will schedule the testing.

FOR THE HEALTH OFFICE:

Paperwork must be turned in to health office as a complete package, by the deadline date. Missing information will result in a delay in medical clearance for participation.

1. Pre-participation Physical Evaluation – History Form & Physical Exam Packet (4 pages):
   A medical examination is required once per year, within 365 days prior of the first day of sports season.
   - History Form - completed, signed and dated by parent and athlete; physician must record exam date on line 1.
   - Athletes with Special Needs Supplemental History Form - when applicable; if not applicable, sign, date and write N/A.
   - Physical Exam Form - must be completed in its entirety; verify that nothing is left blank before leaving physician’s office.
   - Clearance Form - must be completed in its entirety; physician must stamp, sign and date exam portion and also sign and date the Completed Cardiac Assessment Professional Development Module.

   **As of the 2015-2016 school year, any physician that performs a New Jersey Sports Physical is required to complete the Cardiac Assessment Professional Development Module BEFORE performing the exam.**

   >>>>> Not sure which medical forms are required for your athlete? <<<<<
   Please call the Health Office 908-996-2131
   Nancy Braddee, RN, CSN  ext. 6501
   Irene Amante, Secretary  ext. 6502

2. State of NJ DOE Health History Update Questionnaire:
   Signed and dated no more than 90 days prior to first day of sports season. This form should be provided if the physical exam & history forms meet the above criteria and have been previously submitted to Health Offices.

3. Medication Forms: Required every school year as applicable, i.e. Asthma Inhaler, EpiPen, Medications, etc.

   PLEASE NOTIFY THE HEALTH OFFICE IMMEDIATELY IF YOUR CHILD HAS BEEN DIAGNOSED WITH ANY TYPE OF COMMUNICABLE DISEASE.