

DELAWARE REGIONAL HIGH SCHOOL ATHLETIC REGISTRATION FOR 2020 - 2021

<https://delawarevr-oar.rschooldtoday.com/>

IMPORTANT DATES

Season	Registration and Paperwork Submission Opens	Deadline for Submission	First Day of Sport Season
SPRING	2/1/21	3/12/21	4/1/21

FOR THE ATHLETIC OFFICE:

- rSchool Registration:** Students must be registered through rSchool for each sport season. The rSchool Registration page can be found under the athletic tab at <https://delawarevr-oar.rschooldtoday.com>. Click on the green "Register Now" button. If you already have a parent account click on *Returning User* and login in. If not, click on *SetUp Your Family Account Login*.

Please note: This must be a parent (family) account, NOT a student account.

- Preseason ImpACT Concussion Testing:** Freshmen, juniors and new athletic students must complete ImpACT Concussion testing during sports preseason. The athletic trainer and coach will schedule the testing.
Any concerns regarding rSchool registration should be directed via email to kathylovering@dvrhs.k12.nj.us

FOR THE HEALTH OFFICE:

Paperwork must be turned in to health office as a complete package, by the deadline date. Missing information will result in a delay in medical clearance for participation.

- 1. Pre-participation Form & Physical Exam Packet (4 pages):**

A medical examination is **Physical Evaluation – History** required once per year, within **365 days prior** of the first day of sports season.

- **History Form** - completed, signed and dated by parent and athlete; physician must record exam date on line 1.
- **Athletes with Special Needs Supplemental History Form** - when applicable; if not applicable, sign, date and write N/A.
- **Physical Exam Form** - must be completed in its entirety; verify that nothing is left blank before leaving physician's office.
- **Clearance Form** - must be completed in its entirety; physician must stamp, sign and date exam portion and also sign and date the *Completed Cardiac Assessment Professional Development Module*.

** As of the 2015- 2016 school year, any physician that performs a New Jersey Sports Physical is required to complete the *Cardiac Assessment Professional Development Module* BEFORE performing the exam.

**>>>> Not sure which medical forms are required for your athlete? <<<<
Please call the Health Office 908-996-2131**

Beth Hendershot, School Nurse ext. 6501 Irene Amante, Secretary ext. 6502

- 2. State of NJ DOE Health History Update Questionnaire:**

Signed and dated no more than **90 days prior** to first day of sports season. This form should be provided if the physical exam & history forms meet the above criteria and have been previously submitted to Health Offices.

- 3. Medication Forms:** Required every school year as applicable, i.e. Asthma Inhaler, EpiPen, Medications, etc.

PLEASE NOTIFY THE HEALTH OFFICE IMMEDIATELY IF YOUR CHILD HAS BEEN DIAGNOSED WITH ANY TYPE OF COMMUNICABLE DISEASE.