



# PARENTAL NOTIFICATION FOR STUDENT EXCLUSION FROM Freshman HEALTH (III) SEXUALITY EDUCATION UNIT(S) Delaware Valley Regional High School

19 Senator Stout Road • Frenchtown • New Jersey • 08825-3721

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**Lance Jacobs:** *Supervisor of Health and Physical Education/Director of Athletics*  
lancejacobs@dvrhs.k12.nj.us - 908-996-2131 ext. 6701

Although we encourage families to have their student participate in these essential health topics, we want to remind Parents/Guardians that they do have the option of excluding their child from any portion of sexuality education instruction. In accordance with the provisions of BOE Policy 2422 and N.J.S.A. 18A:35-4.7, any student whose parent presents to the Principal a signed statement that any part of the instruction in health, family life education, or sex education is in conflict with his/her conscience or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result. If this is the case with your child, ***please fill out the exclusion form below, and send it to the Director of Athletics.*** Students who are excused will be assigned to a separate classroom for the identified lessons.

I wish for my student, \_\_\_\_\_

Name of Student

to be excused from the portion(s) of the junior health sexuality education unit(s) indicated below.

## Freshman Health (Health I)

**Prejudice, Racism, Discrimination, and Sexual Identity (1 instructional class period)**

- Understand and better accept individual differences.
- Identify characteristics of healthy relationships
- Define keywords in this section of the curriculum
  - Prejudice, Racism, and Discrimination
  - LGBTQ
  - Heterosexual

**Male and Female Anatomy (4 instructional class periods)**

- Understand male and female growth and development.
- Learn about female secondary sex characteristics
- Learn about the female external/internal reproductive organs
- To understand the changes associated with female puberty and related reproductive health
- Learn about male secondary sex characteristics
- Learn about the male external reproductive organs
- Understand the changes associated with male puberty

**Abstinence and Birth Control (2 instructional class periods)**

- Understand abstinence as the only method without risk of pregnancy.
- Gain knowledge of conception/pregnancy
- Learn various methods of contraception
- Understand the role of contraceptives.
- Learn about problems associated with parenting

**Pregnancy, Conception, and Birth (5 instructional class periods)**

- Know how fertilization takes place and the stages of pregnancy.
- Identify the three developing stages of a fertilized egg
- Gain knowledge of pregnancy
- Learn about challenges associated with parenting
- Understand what happens to the baby and mother during the different trimesters and stages of birth
- Identify problems related to birthing a baby
- Identify different types of twins

**Sexually Transmitted Infections (4 instructional class periods)**

- Understand what sexually transmitted infections are and how they are transmitted
- Learn how to keep themselves safe from STIs
- Analyze the short and long-term effects involved with STIs and AIDS.
- Learn the facts related to HIV/AIDS
- Learn about the different treatments for STIs

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Name of Student's Health Teacher: \_\_\_\_\_

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*FOR OFFICE USE ONLY:*

Date Received by Principal: \_\_\_\_\_

Copy to Health Teacher: \_\_\_\_\_

Copy to Supervisor of Health and Physical Education: \_\_\_\_\_

