



PARENTAL NOTIFICATION FOR STUDENT EXCLUSION FROM JUNIOR HEALTH (III) SEXUALITY EDUCATION UNIT(S) Delaware Valley Regional High School

19 Senator Stout Road • Frenchtown • New Jersey • 08825-3721

Lance Jacobs: *Supervisor of Health and Physical Education/Athletic Director*
lancejacobs@dvrhs.k12.nj.us - 908-996-2131 ext. 6701

Although we encourage families to have their student participate in these essential health topics, we want to remind Parents/Guardians that they do have the option of excluding their child from any portion of sexuality education instruction. In accordance with the provisions of BOE Policy 2422 and N.J.S.A. 18A:35-4.7, any student whose parent presents to the Principal a signed statement that any part of the instruction in health, family life education, or sex education is in conflict with his/her conscience or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result. If this is the case with your child, ***please fill out the exclusion form below, and send it to the Director of Athletics.*** Students who are excused will be assigned to a separate classroom for the identified lessons.

I wish for my student, _____
Name of Student

to be excused from the portion(s) of the junior health sexuality education unit(s) indicated below.

Junior Health (Health III)

Marriage, Dating Relationships, Dating Violence (3 instructional class periods)

- Describe warning signs of dating violence
- Identify characteristics of healthy relationships
- Define assault, abuse, and rape

Parenting, Family Decisions, Birth (5 instructional class periods)

- Describe safe and effective parenting skills, and identify resources for information and help with parenting
- Describe and demonstrate effective communication skills, decision-making skills, refusal skills, negotiation skills, and assertiveness in situations that influence adolescent health
- List different types of family setups
- Describe the three stages of the birthing process
- List different ways to strengthen family relationships
- List issues that can occur within a family and how to deal with the issue in an effective manner

Diseases and Health Conditions (3 instructional class periods)

- Outline the cardiac risk factors and explain how they can be modified by diet, exercise, and the avoidance of chemical substances

- Outline the cancer warning signs, list the foods included in an anti-cancer diet, and outline the measures to control cancer of various body systems
- List different types of diseases, their causes, and treatment/cures

Review of Freshman Health (5 instructional class periods)

- The Male and Female Anatomy
- Prejudice/Racism/Discrimination/Sexual Identity
- Abstinence and Birth Control
- Pregnancy, Conception and Birth
- Sexually Transmitted Infections (STIs)

Parent/Guardian Signature: _____

Date: _____

Name of Student's Health Teacher: _____

FOR OFFICE USE ONLY:

Date Received by Principal: _____

Copy to Health Teacher: _____

Copy to Supervisor of Health and Physical Education: _____