



## IMPORTANT DATES

Season:	Registration Opens:	Deadline for Submission:	First Day of Season:
FALL	05/10/22	07/13/22 - Football 07/25/22 -All others	08/10/22 - Football 8/22/22 - All others
WINTER	08/25/22	10/27/22	11/28/22
SPRING	12/15/22	02/15/23	3/16/23

### **FOR THE ATHLETIC OFFICE:**

**1. rSchool Registration:** Students must be registered through [rSchool Registration](#) for each sport season. Click on the green "Register Now" button. If you already have a parent account click on *Returning User* and login in. If not, click on *SetUp Your Family Account Login*.

Please note: This must be a parent (family) account, NOT a student account.

**2. Preseason ImPACT Concussion Testing:** Freshmen, juniors and new athletic students must complete ImPACT Concussion testing during sports preseason. The athletic trainer and coach will schedule the testing.

### **FOR THE HEALTH OFFICE:**

Paperwork must be turned in to Health Office as a complete package, by the deadline date. Missing information will result in a delay in medical clearance for participation.

**1. Pre-participation Physical Evaluation - History Form & Physical Exam Packet (4 pages):**  
A medical examination is required once per year, within **365 days prior** of the first day of sports season.

- **History Form** - completed, signed and dated by parent and athlete; physician must record exam date on line 1.
- **Athletes with Special Needs Supplemental History Form** - when applicable; if not applicable, sign, date and write N/A.
- **Physical Exam Form** - must be completed in its entirety; verify that nothing is left blank before leaving physician's office.
- **Clearance Form** - must be completed in its entirety; physician must stamp, sign and date exam portion and also sign and date the *Completed Cardiac Assessment Professional Development Module*.

\*\* As of the 2015- 2016 school year, any physician that performs a New Jersey Sports Physical is required to complete the *Cardiac Assessment Professional Development Module* BEFORE performing the exam.

**2. State of NJ DOE Health History Update Questionnaire:**

Signed and dated no more than **90 days prior** to first day of sports season. This form should be provided if the physical exam & history forms meet the above criteria and have been previously submitted to Health Offices.

**3. Medication Forms:** Required every school year as applicable, i.e. asthma inhaler, Epinephrine injector pen, Medications, etc.

**PLEASE NOTIFY THE HEALTH OFFICE IMMEDIATELY IF YOUR CHILD HAS BEEN  
DIAGNOSED WITH ANY TYPE OF COMMUNICABLE DISEASE.**