

# Delaware Regional High School

## Athletic Registration For 2022 - 2023

<https://delawarevr-oar.rschooltoday.com/>

### Important Dates 2022/2023

| Season | Medical Forms Submission & rSchool Registration Opens | Deadline for Submission of Medical Forms:  | First Day of Sport Season                  |
|--------|---|--|--|
| Fall   | 5/10/22   | 7/13/22 – Football<br>7/25/22 – All others | 8/10/22 – Football<br>8/22/22 - All others |
| Winter | TBA   | TBA  | TBA  |
| Spring | TBA   | TBA  | TBA  |

#### For the Athletic Office:

- rSchool Registration:** Students must be registered through rSchool for each sport season. The rSchool Registration page can be found under the athletic tab at <https://delawarevr-oar.rschooltoday.com>. Click on the green “Register Now” button. If you already have a parent account click on *Returning User* and login in. If not, click on *SetUp Your Family Account Login*.  
Please note: This must be a parent (family) account, NOT a student account. (Any concerns regarding rSchool Registration should be directed via email to [kathlyloving@dvrhs.k12.nj.us](mailto:kathlyloving@dvrhs.k12.nj.us))
- Preseason IMPACT Concussion Testing:** Freshmen, juniors and new athletic students must complete IMPACT Concussion testing during sports preseason. The athletic trainer and coach will schedule the testing.

#### For the Health Office:

Paperwork must be turned in to health office as a complete package, by the deadline date. Missing information will result in a delay in medical clearance for participation.

- Pre-participation Physical Evaluation – History Form & Physical Exam Packet (4 pages):**  
A medical examination is required once per year, within **365 days prior** of the first day of sports season.
  - History Form** - completed, signed and dated by parent and athlete; physician must record exam date on line 1.
  - Athletes with Special Needs Supplemental History Form** - when applicable; if not applicable, sign, date and write N/A.
  - Physical Exam Form** - must be completed in its entirety; verify that nothing is left blank before leaving physician’s office.
  - Clearance Form** - must be completed in its entirety; physician must stamp, sign and date exam portion and also sign and date the *Completed Cardiac Assessment Professional Development Module*.

\*\* As of the 2015- 2016 school year, any physician that performs a New Jersey Sports Physical is required to complete the *Cardiac Assessment Professional Development Module* BEFORE performing the exam.

>>>> Not sure which medical forms are required for your athlete? <<<<  
Please call the Health Office 908-996-2131

Beth Hendershot, RN, CSN ext. 6501

Tracy Stephan, Secretary ext. 6502

- State of NJ DOE Health History Update Questionnaire:** Signed and dated no more than **90 days prior** to first day of sports season. This form should be provided if the physical exam & history forms meet the above criteria and have been previously submitted to Health Offices.  
[https://www.nj.gov/education/students/safety/health/services/HealthHistoryUpdatedQuestionnaire\\_6-12-20.pdf](https://www.nj.gov/education/students/safety/health/services/HealthHistoryUpdatedQuestionnaire_6-12-20.pdf)
- Medication Forms:** Required every school year as applicable, i.e. Asthma Inhaler, EpiPen, Medications, etc.  
**Please notify the Health Office immediately if your child has been diagnosed with any type of**