

December 2018

Student Lunch: \$3.00 Student Reduced Lunch: \$0.40 Adult Lunch: \$3.50

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

3 • Corn Dog Nuggles
• Dinner Roll
• Emoji Fries
• Green Beans
• Assorted Fresh or Chilled Fruit
• Milk Variety

4 • Scoop A Bowl w/Chicken
• Cheese, Lettuce and Salsa
• Steamed Rice
• Assorted Fresh or Chilled Fruit
• Milk Variety

5 • Mac & Cheese
• Soft Pretzel Stick
• Roasted Vegetables
• Assorted Fresh or Chilled Fruit
• Milk Variety

6 • Chicken Panini Sandwich
• Steamed Carrots
• Assorted Fresh or Chilled Fruit
• Milk Variety

7 New Recipe:
• Pepperoni Pinwheel
• Freshly Prepared Caesar Salad
• Assorted Fresh or Chilled Fruit
• Milk Variety

10 LUCKY TRAY DAY
New Recipe!
• Breaded Ravioli with Marinara Sauce
• Twisted Cheese Breadstick
• Fresh Veggie Dippers
• Assorted Fresh or Chilled Fruit
• Milk Variety

11 Breakfast for Lunch
• French Toast Sticks
• Breakfast Sausage
• Sweet Potato Matchstick Fries
• Assorted Fresh or Chilled Fruit
• Milk Variety

12 Philly Cheesesteak
• Country Slaw
• Assorted Fresh or Chilled Fruit
• Milk Variety

13 Sliced Turkey
• Mashed Potatoes w/Gravy
• Bread Stuffing
• Corn
• Assorted Fresh or Chilled Fruit
• Milk Variety

14 • Domino's Pizza
• Freshly Prepared Italian House Salad
• Assorted Fresh or Chilled Fruit
• Milk Variety

17 Pasta w/Meatballs
• Garden Salad
• Assorted Fresh or Chilled Fruit
• Milk Variety

18 • Grilled Cheese Sandwich
• Tomato Soup
• Maschio's Lemon/Cherry Frozen Sorbet
• Assorted Fresh or Chilled Fruit
• Milk Variety

19 • Nachos with Taco meat, Shredded Cheddar Cheese, Lettuce & Tomatoes and Salsa
• Steamed Rice
• Steamed Corn
• Assorted Fresh or Chilled Fruit
• Milk Variety

20 • Cheeseburger on a Bun
• Sweet Potato Fries
• Assorted Fresh or Chilled Fruit
• Milk Variety

21 Early Dismissal No Lunch Served

24 Holiday Break

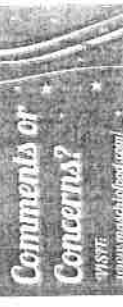
25 Holiday Break

26 Holiday Break

27 Holiday Break

28 Holiday Break

31 New Years Eve - No School



Maschio's Daily Swap Outs: Bagel Bag Cereal Bag, Ham & Cheese Sandwich, Hot Dog on a Bun, Chicken Caesar Salad*

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories fro, saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.inaschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

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