

March 2019

Milford Elementary Lunch

Student Lunch: \$3.00 Reduced Lunch: \$0.40 Adult Lunch: \$3.50

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <ul style="list-style-type: none"> Bella's NY Style Pizza Freshly Prepared Italian House Salad Assorted Fresh or Chilled Fruit Milk Variety
4 <ul style="list-style-type: none"> French Toast Sticks Breakfast Sausage Oven Baked Sweet Potato Fries Assorted Fresh or Chilled Fruit Milk Variety 	5 <ul style="list-style-type: none"> Chicken Cheesesteak Hero Green Beans Assorted Fresh or Chilled Fruit Fortune Cookie Milk Variety 	6 <ul style="list-style-type: none"> Pasta with Meatballs Freshly Prepared Tossed Salad Assorted Fresh or Chilled Fruit Milk Variety 	7 <ul style="list-style-type: none"> Beef Nacho Platter w/ Taco Meat, Cheese Lettuce, Tomato and Salsa Assorted Fresh or Chilled Fruit Milk Variety 	8 <ul style="list-style-type: none"> Domino's Pizza Freshly Prepared Spring Mix Salad Assorted Fresh or Chilled Fruit Milk Variety
11 <ul style="list-style-type: none"> Chicken Nuggets with a Roll Mashed Potatoes Assorted Fresh or Chilled Fruit Milk Variety 	12 <ul style="list-style-type: none"> Indoor BBQ Beef Hot Dog on a Bun Onion Rings BBQ Baked Beans Assorted Fresh or Chilled Fruit Milk Variety 	13 <ul style="list-style-type: none"> Breakfast for Lunch Pancakes Breakfast Sausages Hash Brown Rounds Assorted Fresh or Chilled Fruit Milk Variety 	14 <ul style="list-style-type: none"> Pasta with Meat Sauce Garlic Breadstick Freshly Prepared Caesar Salad Assorted Fresh or Chilled Fruit Milk Variety 	15 <p>EARLY DISMISSAL</p>
18 <ul style="list-style-type: none"> Pepperoni Pinwheel Steamed Carrots Maschio's Lemon/Cherry Frozen Sorbet Milk Variety 	19 <ul style="list-style-type: none"> Teriyaki Beef and Steamed Broccoli Steamed Rice Assorted Fresh or Chilled Fruit Fortune Cookie Milk Variety 	20 <ul style="list-style-type: none"> Cheese Quesadilla with Salsa Steamed Corn Assorted Fresh or Chilled Fruit Milk Variety 	21 <ul style="list-style-type: none"> Cheeseburger on a Bun Emoji Fries Pickle Chips Assorted Fresh or Chilled Fruit Milk Variety 	22 <ul style="list-style-type: none"> Pizza Bagels Freshly Prepared Italian House Salad Assorted Fresh or Chilled Fruit Milk Variety
25 <ul style="list-style-type: none"> Chicken Nuggets Buttered Noodles Maple Cinnamon Carrots Assorted Fresh or Chilled Fruit Milk Variety 	26 <ul style="list-style-type: none"> Breakfast for Lunch French Toast Sticks Breakfast Sausage Seasoned Potato Wedges Assorted Fresh or Chilled Fruit Milk Variety 	27 <ul style="list-style-type: none"> New Item! Mini Chicken Tacos with Shredded Lettuce, Tomatoes, and Salsa Ranch Black Bean and Corn Salad Cinnamon Churro Assorted Fresh or Chilled Fruit Milk Variety 	28 <ul style="list-style-type: none"> Grilled Cheese Sandwich Tomato Soup Green Beans Assorted Fresh or Chilled Fruit Milk Variety 	29 <p>EARLY DISMISSAL</p>

Swap Outs: Bagel Bag Cereal Bag, Ham & Cheese Sandwich, Hot Dog on a Bun, Chicken Caesar Salad

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

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