


















December 2023

Milford Elementary
Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
	Maschio's Swap Out's Available Daily Cereal Bag, Muffin Bag, Chicken Caesar Salad Meal	Maschio's Swap Outs Available Daily:	• Student Lunch: \$3.75 • Adult Lunch: \$4.50	 • Mini Pizza Bagels • Steamed Corn
4	5	6	7	8
 • Grilled Cheese Sandwich • Tomato Soup • Sautéed Broccoli	• Chicken Nuggets • Herb Breadstick • Maple Cinnamon Carrots	 • Emoji Waffles with Mixed Berry Compote • Breakfast Sausages • Hash Browns	• Beef and Bean Burrito • Sweet Plantains • Black Beans	 • Stuffed Crust Pizza • Fresh Veggie Dippers
11	12	13	14	15
 • Chicken Tenders • Soft Pretzel Stick • Sweet Potato Fries	• Bacon Cheddar Burger on a Bun • BBQ Baked Beans	• Sweet and Sour Popcorn Chicken • Vegetable Fried Rice • Sautéed Broccoli	 • Emoji Waffles • Breakfast Sausages • Hash Browns	• Twisted Cheesy Breadsticks with Marinara Sauce • Freshly Prepared Cucumber and Tomato Salad
18	19	20	21	22
 • Potato and Cheese Pierogies with Cheese Sauce • Soft Pretzel Stick or Pretzel Bites • Sautéed Green Beans	• Meatball Parm Sub • Sweet Potato Waffle Fries	  • Cheese Manicotti Marinara • Garlic Bread • Sautéed Spinach • Holiday Cookie	• BBQ Chicken Cheddar Melt • Tater Tots • BBQ Baked Beans	
25	26	27	28	29
				

*Menu is Subject to Change

Lunch Served with Choice of: Fresh Fruit, Assorted Chilled Fruit, 100% Fruit Juice, Variety of Vegetables from our Harvest Market, 1% White Milk, Fat Free Chocolate Milk, Fat Free White Milk



QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow
healthy kids!