

**Frenchtown Elementary School Wellness Council
2017 Improvement Plan**

Actions	Steps	By Whom and When
Module 7 Health Promotion for Staff		
1. Breastfeeding Policy	a. Review current policy b. Contact NJ School Board c. Include breastfeeding policy in school documents (e.g., wellness policy) d. Create staff announcement on update to include breastfeeding policy	Christina L. 11/30/16 Christina L. DATE Christina L. 1/30/17 Christina L. 3/1/17
2. Health Education for Staff Members	a. Research Hunterdon Co. Chamber of Commerce Worksite Wellness information and topics b. Draft staff survey to include: <ul style="list-style-type: none"> • Health topics interested to learn about (e.g., stress management, physical activity, CPR & First Aid) • Health information delivery mode (e.g., in-person presentation, webinar, articles) • What time of the day available c. Wellness Council will review survey d. Administer survey to staff e. Gather responses and review top health topics chosen by staff f. Search for speakers, training and resources related to top health topics g. Deliver health information to staff using multiple delivery modes: <ul style="list-style-type: none"> • Expert Presentations 	Amanda M. 11/28/17 Marjorie L. DATE Wellness Council DATE Christina L. DATE Wellness Council DATE A. Medina DATE with guidance from Wellness Council Wellness Council DATE

	<ul style="list-style-type: none">• Online education• Articles/Books• Resources	
3. Training for staff members on conflict resolutions	<p>a. Ask Social Worker if interested to train staff</p> <p>b. If Social Worker is unable to train staff, look for online training from Safe Schools</p>	<p>Christina L. 12/1/16</p> <p>Christina L. 1/1/17</p>