



Graduates Aging Out of the School System: Accessing Adult Services from the NJ Division of Developmental Disabilities

A TIMELINE FOR STUDENTS EXITING SCHOOL AND TURNING 21

To be determined eligible for services all applicants must complete either the short or the full application

□ STEP 1 Apply for Medicaid Eligibility

- Information about Medicaid eligibility information can be found here: www.nj.gov/humanservices/ddd/individuals/applyservices/medicaid
- For additional help, email DDD.MediEligHelpdesk@dhs.nj.gov

□ STEP 2 Apply for DDD Eligibility

- Individuals can begin applying for DDD Eligibility any time after 18 years old
- Call the DDD Community Services Office closest to where you live and/or download the DDD Eligibility Application here: www.nj.gov/humanservices/ddd/individuals/applyservices

DDD Community Services

Flanders: 973-927-2600
Freehold: 732-863-4500
Mays Landing: 609-300-1898
Newark: 973-693-5080
Paterson: 973-977-4004
Plainfield: 908-226-7800
Trenton: 609-292-1922
Voorhees: 856-770-5900

□ STEP 3 Complete NJ Comprehensive Assessment Tool (NJCAT)

- As part of the application process, individuals will complete the NJCAT with a DDD Intake Worker, usually from the DDD Community Services Office closest to where they live. Learn about the NJCAT here: www.nj.gov/humanservices/ddd/individuals/applyservices/assessment

□ STEP 4 Complete the Support Coordination Agency Selection Form

- When the individual is in their last year of receiving school-based services, the Support Coordination Agency Selection Form is completed and submitted. Research Support Coordination Agencies here: www.nj.gov/humanservices/ddd/assets/documents/individuals/support-coordination-agencies-list.pdf

SEPTEMBER – JUNE: Preparation and Planning

✓ Participate in webinars and activities offered about Transition Planning

- Planning for Adult Life (www.planningforadulthood.org) offers monthly educational sessions for students with intellectual/developmental disabilities ages 16-21 and their families, and other resources, like:
 - Webinar Wednesdays – monthly webinars on transition-related topics
 - GOT PLANS? ONLINE LESSONS – a downloadable guide and fun instructional videos

✓ Participate in webinars offered by Division of Developmental Disabilities Office of Transition to Adult Life and Employment

- DDD Welcome Sessions and Transition Thursdays are for people and families to learn about the transition process, including services available through DDD. To sign up for DDD Transition news and announcements, scan the QR code or email DDD.TransitionHelpdesk@dhs.nj.gov.



- ✓ Explore person-centered planning tools to help individuals in identifying their vision for work and life and the supports needed to achieve this vision
 - To get started, review the DDD Person-Centered Planning Tool: www.nj.gov/humanservices/ddd/documents/person-centered-planning-tool.docx
 - Use Charting the Life Course tools during the person-centered planning process: www.lifecoursetools.com
- ✓ Learn about Support Coordination (*Care Management*)
 - Support Coordination is the care management model used by DDD to help people access DDD services and other needed medical, social and educational services. Learn more about Support Coordination here: www.nj.gov/humanservices/ddd/individuals/community/care
- ✓ Learn about Service Providers
 - Use the DDD Provider Search Database to find service providers in your area: <https://irecord.dhs.state.nj.us/providersearch>

FEBRUARY/MARCH: Support Coordination Agency Selection

- ✓ Complete and submit the Support Coordination Agency Selection Form (**STEP 4**)
 - The individual's DDD Intake Worker will provide a Support Coordination Agency Selection Form during the eligibility application process. There is a better chance of getting a selected agency if the individual identifies both a first-choice and second-choice agency. There is an up-to-date list of Support Coordination Agencies here: www.nj.gov/humanservices/ddd/assets/documents/individuals/support-coordination-agencies-list.pdf
 - Return the completed Support Coordination Agency Selection Form to the DDD Intake Worker who helped the individual with the eligibility application process.

APRIL: Support Coordination Agency Assignment

- ✓ DDD assigns the student to a Support Coordination Agency
 - DDD assigns all graduating students to a Support Coordination Agency, even if they turn 21 in June, based on the completed selection form and available capacity of the person's first-choice and second-choice agencies.
 - Once assigned, the Support Coordination Agency can receive funding to attend exit IEP and/or transition-related meetings at the school and begin working with the individual and family to develop the Individualized Service Plan (ISP).

APRIL – JUNE: Service Plan Development

- ✓ Develop the Individualized Service Plan

The Support Coordinator is responsible for writing the Individualized Service Plan (ISP), with guidance from the planning team (individual, family, providers, etc.) and information gathered during the person-centered planning process and completion of the NJCAT.

Students Turning 21 July – March

- Ensure that **STEP 1**, **STEP 2**, and **STEP 3** are complete
- 2-3 months before services are needed, reach out to the individual's DDD Intake Worker to complete **STEP 4**.



WELCOME

Individuals & Families

JOIN US FOR VIRTUAL DDD WELCOME SESSIONS!

Learn about what DDD has to offer and how to prepare for adult life

Virtual DDD Welcome Sessions are offered twice each quarter:

SEPTEMBER ~ JANUARY ~ APRIL ~ JULY

Join the Transition Listserv to receive the registration link!



1st Thursday

12:00 p.m. - 1:00 p.m.

An introduction to the Division of Developmental Disabilities and how to prepare to access DDD services and supports, with plenty of time for Q&A!



4th Thursday

6:00 p.m. - 7:30 p.m.

This evening session provides an opportunity to join breakout rooms to learn in-depth about:

- DDD Intake & Eligibility process
- Support Coordination
- Self-Directing some or all your services
- Community Care Program Waiting List
- Employment Options

CONNECT WITH US!

Office of Transition to Adult Life & Employment

Email: DDD.TransitionHelpdesk@dhs.nj.gov

Phone: 609-808-3867

**Join the
Transition
Listserv!**

